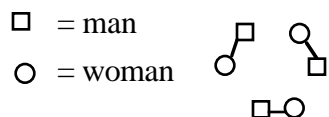


# Bare Necessities

(England)

Music: Bare Necessities (by Bare Necessities)

Formation: three couples in a triangle, lady on man's right:



Style: elegant and very flirtatious

Footwork throughout (except sashé): a waltz step: step L (1) Step R (2) step L (3) Repeat opposite footwork. emphasis on count 1.

Sashé step: Step L to side (1) close R next to it (2,3) also done with opposite footwork.

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## **PART 1      LADIES R HAND STAR, MEN L HAND STAR**

Bars 1-4      Ladies put right hands in the middle, dance around back to original places  
Bars 4-8      Men put left hands in middle star to home.

## **PART 2      GRAND RIGHT AND LEFT.**

USING 2 BARS PER HAND!!!

Bars 1-2      Using 2 full waltz steps exchange places with your partner giving R hands  
Bars 3-4      With two waltz steps exchange places with the next person you meet giving  
L hands  
Bars 4-6      with two waltz steps exchange places with next using R hands.  
Bars 7-8      when you meet your partner give them L- hands (do not exchange places!)  
turn the lady under the arm and get into Ballroom position (Man's R hand  
on Lady's shoulder blade, Lady's L hand on man's R shoulder. Lady's R  
and man's L clasped pointing towards center of triangle.)

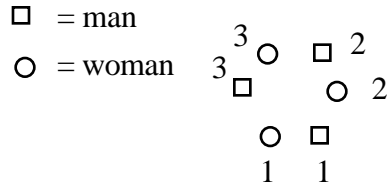
## **PART 3      SASHÉ AND OPEN**

Bar 1-2      Moving towards the center of the circle use two sashé steps (men starting L  
ladies starting R) to move towards center  
Bars 3-4      Staying in center, drop M's R, Lady's L and open outwards (away from  
other couples) and then close back into ballroom position. Use two waltz  
steps in place.  
Bars 5-6      Moving away from center (but with hands still pointed towards center)  
use two sashé steps (M start R, lady's start L) .  
Bars 7-8      drop M's L and lady's R, open out into a circle with two waltz steps.

## Part 4 Circle and Gypsy Progression

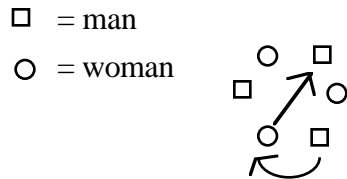
Bars 1-4 Circle to the L in a big circle

Bars 5-6 exchange places with your partner using a half gypsy (like turning by the right hand, without using hands, looking each other in the eye instead)

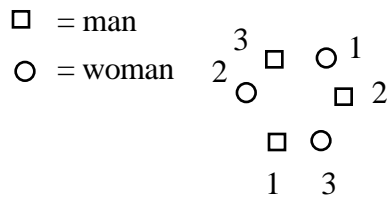


Bars 7-8 MEN: complete gypsy by returning to original places (ie bars 5-8 form a complete circle)

LADIES: move into the center of the circle passing each other by the left shoulder to complete the gypsy with the man that was to her original right. Thus progressing a place to the right.



Movement only shown for 1 couple, but all couples do the movement.



👉 Repeat the dance from the beginning with your new partner. then again with the next and so on, for a total of 6 times through the dance.